

2025-04-20 Meditation for Easter Sunday is now available
at: <https://pgimf.org/meditations/>

Theme song:

This joyful Eastertide away with sin and sorrow!
My love, the Crucified, has sprung to life this morrow.
Had Christ, that once was slain, ne'er burst his three-day prison,
Our faith had been in vain, but now hath Christ arisen.

Psalm 121

Lyrics: Psalm 121
Music: Improvised organ with the Psalm melody for Psalm 121
Artists: André Nieuwkopp, organ, with an enormous men's choir
Recorded in the Grote Kerk Dordrecht (2024)
<https://www.youtube.com/watch?v=PR2SiAXeo3k>

[Organ improvisation for 4:36. It is best to watch the video and see people sing from memory.]

*'k Sla d' ogen naar 't gebergte heen,
I lift up mine eyes to the hills,
Vanwaar ik dag en nacht
From where I am day and night,
Des Hoogsten bijstand wacht.
The highest assistance awaits.
Mijn hulp is van den HEER alleen,
My help is from the Lord alone,
Die hemel, zee en aarde
That heaven, sea, and earth
Eerst schiep, en sinds bewaarde.
First created, and since then preserved.*

*Hij is, al treft u 't felst verdriet,
He is, even though you are most grieved,
Uw wachter, die uw voet
Your watchman, who keeps your foot
Voor wankelen behoedt;
Safe from faltering;
Hij, Israels Wachter, sluimert niet;
He, Israel's Watcher, does not slumber;
Geen kwaad zal u genaken;*

No harm will come to you;
De HEER zal u bewaken.
The Lord will guard you.

[The organist modulates up three steps for the final verse (E-flat to G).]

De HEER zal u steeds gadeslaan,
The Lord will always watch over you,
Opdat Hij in gevaar,
He that may be in danger
Uw ziel voor ramp bewaar';
And preserve your soul from disaster;
De HEER, 't zij g' in of uit moogt gaan,
The Lord, whether you go in or out,
En waar g' u heen moogt spoeden,
And where you may hurry,
Zal eeuwig u behoeden.
Will forever keep you.

[N.B. This is the final in this series of Lenten meditations, which began on Ash Wednesday. All earlier 775+ meditations remain available on this website and can be searched by date (e.g., 2020-09-25), title, or composer; each meditation comes with an appropriate PDF. We at Point Grey Inter-Mennonite Fellowship in Vancouver, Canada thank you for listening to these meditations and hope that you will join us again this coming Advent.]

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